

# **Citizenship- Year 3**

**LO: To begin to understand the UN convention on the rights of the child.**

**LO: To understand the responsibilities of both children and adults to help all children benefit from their rights.**

**LO: To understand the environmental benefits of recycling.**

**LO: To understand the groups which make up the community.**

**LO: To understand that charities care for others and how people can support them.**

**LO: To begin to understand how democracy works in the local area.**

**LO: To understand why we have rules and the consequences of breaking rules at school and home.**

# Health and Wellbeing – Year 3

**LO: To understand and plan for a healthy lifestyle including physical activity, rest and diet.**

**LO: To perform a range of relaxation stretches.**

**LO: To understand the different aspects of my identity.**

**LO: To identify my own strengths and begin to see how they can affect others.**

**LO: To break down barriers into smaller, achievable goals.**

**LO: To recognise when to give consent.**

**LO: To understand the benefits of healthy eating and dental health.**

# **Economic Wellbeing – Year 3**

**LO: To understand the different ways to pay for things and why people might choose them.**

**LO: To understand how to put together a budget.**

**LO: To recognise that money has an impact on how we feel.**

**LO: To begin to recognise how ethics can influence our spending decisions.**

**LO: To understand that there are a range of jobs available and to think about what job they might want to do.**

**LO: To understand that there are stereotypes in the workplace, and these should not limit people's career aspirations.**

## **Family and Relationships – Year 3**

**LO: To understand that families love and support each other but sometimes problems can occur, and help is available if needed.**

**LO: To understand that friendships have ups and downs and that problems can be resolved.**

**LO: To begin to understand the impact of bullying.**

**LO: To listen and communicate effectively.**

**LO: To understand why trust is an important part of positive relationships.**

**LO: To begin to understand the differences between people and why it is important to respect these differences.**

**LO: To recognise that stereotypes are present in everyday life**

**LO: To recognise that stereotypes exist based on a number of factors.**

# **Safety and The Changing Body – Year 3**

**LO: To understand the role I can take in an emergency situation.**

**LO: To understand how to help if someone has been stung or bitten.**

**LO: To understand the importance of being kind online and what this looks like.**

**LO: To understand that cyberbullying involves being unkind online.**

**LO: To understand that not all emails are genuine.**

**LO: To understand the choices people can make and those which are made by others.**

**LO: To begin to recognise who and what can influence our decisions.**

**LO: To develop an understanding of safety on or near roads.**