

Citizenship- Year 1

LO: To begin to understand the importance of rules.

LO: To understand that animals have different needs and how to care for them.

LO: To begin to understand the needs of babies and young children.

LO: To begin to recognise ways in which we are the same and different to other people.

LO: To understand the range of groups people, belong to.

LO: To begin to understand how democracy works.

Health and Wellbeing – Year 1

LO: To describe feelings and develop simple strategies for managing them.

LO: To recognise and celebrate their strengths and set simple but challenging goals.

LO: To understand the benefits of physical activity and rest.

LO: To know how to relax in different ways.

LO: To begin to understand how germs are spread and how we can stop them spreading.

LO: To begin to understand the risks associated with the sun.

LO: To begin to understand allergies.

LO: To understand that there are people in the local community who help to keep us healthy.

Economic Wellbeing – Year 1

LO: To discover what money is and how it helps us.

LO: To consider ways to keep coins safe.

LO: To recognise the purpose of banks and building societies.

LO: To begin to understand the differences between spending and saving money.

LO: To identify the different job roles adults, have in school.

LO: To identify and describe different jobs.

Family and Relationships – Year 1

LO: To understand that families look after us.

LO: To begin to understand the importance and characteristics of positive friendships.

LO: To recognise how others show feelings and how to respond.

LO: To begin to understand how friendships can make us feel.

LO: To begin to understand that friendships can have problems but we can overcome them.

LO: To begin to understand that being friendly to others makes them feel welcome and included.

LO: To begin to understand what is meant by a stereotype.

Safety and The Changing Body – Year 1

LO: To know how to respond to adults in a safe and familiar context.

LO: To understand how to respond to adults in a range of situations.

LO: To understand what to do if you get lost.

LO: To know what an emergency is and how to make a phone call if needed.

LO: To begin to understand the difference between acceptable and unacceptable physical contact.

LO: To begin to understand what is safe to put into or onto our bodies.

LO: To understand that there are dangers at home and how these can be avoided.

LO: To understand that there are people in the local community who help to keep us safe.