



# Thurnby Mead Primary Academy

# PE Long Term plan

Invasion games      Gymnastics      Dance      Net and wall      Striking and fielding      Multi-skills and athletics      Health and fitness

Daily Mile      Adventurous and Outdoor Activities 1 x lesson per unit

Year Group	Aut 1	Aut 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Big Moves	Big Moves	Big Moves	Big Moves	Big Moves	Big Moves
1	Gymnastics	Health & fitness	Invasion Dance	Net & wall Dance	Striking & Fielding	Multi-skills and athletics
2	Gymnastics	Health & fitness	Invasion Dance	Net & wall Dance	Striking & Fielding	Multi-skills and athletics
3	Gymnastics Outdoor & Adventurous	Health & fitness	Invasion	Net & wall	Striking & Fielding Dance	Multi-skills and athletics Dance
4	Gymnastics Dance	Health & fitness Dance	Invasion Swimming	Net & wall Badminton Swimming	Striking & Fielding	Multi-skills and athletics
5	Gymnastics Dance	Health & fitness Badminton Dance	Invasion Swimming	Net & wall Swimming	Striking & Fielding	Multi-skills and athletics
6	Gymnastics Outdoor & Adventurous	Health & fitness	Invasion	Net & wall	Striking & Fielding Dance	Multi-skills and athletics Dance